



## The Agility of Mind

How to turn children into engaged learners

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### Content

We live in a world where the entire educational system is constantly challenged. administrative tasks take time away from the teaching job, educators are expected to master distance learning overnight, there is no real partnership between parents and teachers, an overall lack of recognition and support for the teaching profession and a young generation calling out for more co-creation and collaboration in their learning.

The Agility of Mind is a learner-centred approach, an integrative approach to inquiry to adapt to this world of change. It is inspired by the contributions of cognitive sciences, behavioural sciences, neuro-pedagogy and positive psychology. It helps to facilitate the educational path at school, at home and online; and easy to implement.

The Agility of Mind provides educators, as well as parents, with the means to support learners by

- Promoting the use of a common language for clear communication between children, parents and educators.
- Multiplying positive collaborative experiences to encourage each learner to actively engage.
- Developing metacognition activities for lifelong learning minds.
- Taking into account the rhythms and preferences of each learner at home, at school, and online.
- Developing a curious mind to deal with the complexity of reality.
- Focusing on the acquisition of cross-curricular skills (soft skills) easily embedded in the curriculum.

The Agility of Mind brings small actionable steps for more successful outcomes.

### Subjects

Communication in education

Teacher-learners relationship

Learning